"Daryl and Evan Sabara: Brotherly Love"

MAGAZINE PAGES 6–7

This interview with Daryl and Evan Sabara describes a set of famous twins who have a great relationship with each other. In this lesson, students will practice harmonizing as a means of exploring how harmony works and how it can be translated into a home environment.

OBJECTIVES

- **Students will define the term harmony as it applies both in music and in familial relationships.**
- **Students will brainstorm ways in which they can improve relationships with their siblings and thereby increase *shlom bayit*, family harmony.**

VOCABULARY

תְּאוֹמִים	**twins**
שַׂחְקָן	**actor**

Send your students babaganewz.com to watch a humorous animated movie about being a good sibling.

QUOTES & QUESTIONS

"'We wanted our Torah reading to have meaning and importance for us,' explained Evan, 'and not be just a series of Hebrew sentences we learned by heart and chanted.'"

How did celebrating their *b'nai mitzvah* together enhance the meaning of the milestone for Evan and Daryl?

How can a bar mitzvah boy or bat mitzvah girl bring meaning and importance to the event?

"'We're supportive of each other and we help each other out. If my brother gets a role that I went out for, I'm really happy that he got it. We both auditioned for Robin in "The Batman" cartoon. Evan got it, and I'm so happy for him.'"

Look in the article. What question is this statement responding to? Why do you think that BabagaNewz asked the twins about jealousy?

Why do you think that jealousy is a common emotion between many siblings?

How does Daryl explain the absence of jealousy in his relationship with Evan?

Do you ever get jealous of your brother or sister?

Are you happy for your siblings when something good happens to them?

"'Some brothers hate each other's guts, but that's not the case with us. If we're in a hotel, we argue about who gets what side of the bed, but that's normal stuff that anyone would argue about. We love each other.'"

What do you fight about with your siblings?

How do you resolve your arguments?

Do you still love your siblings when you fight with them?

ACTIVITY: SINGING IN HARMONY

1. To begin the lesson, use one of the following activities. Search the jPod on www.babaganewz.com for song ideas.

▷ Sing a Hebrew or Jewish song with your students that includes both melody and harmony.

▷ Play a recording of a Hebrew or Jewish song that includes both melody and harmony.

Ask students to identify which part of the song is melody and which part is harmony.

How would you define the word "melody"?

How would you define the word "harmony"? How do musicians create harmonies?

What other disciplines use harmony? [Artists and designers use principles of visual harmony in their work.]

After students share their definitions, explain that harmony is built through a combination of both unity and variety. Harmony relates directly to a singular theme or idea, but incorporates variety to enrich the original theme. Each voice in a song, for example, brings something unique to the total composition of the piece.

2. Read the article about the Sabara twins on pages 6–7 of BabagaNewz. Discuss the Quotes & Questions above.

How do the Sabara brothers achieve harmony in their relationship?

3. Study the Jewish texts below about a harmonious sibling relationship. Encourage students to consider how harmony is expressed in the relationship between Moshe and his older brother Aaron.

PSALMS 85:11

Loving-kindness and truth meet together; righteousness and peace kiss each other.

***SHEMOT RABBAH* 5:10 (commenting on Psalms 85:11)**

Loving-kindness refers to Aaron.... Truth refers to Moshe.... Righteousness refers to Moshe.... Peace refers to Aaron.

How would you describe the differences between loving-kindness and truth? Righteousness and peace?

What do you think the Psalms text means, keeping the *midrash's* explanation in mind?

How does this text relate to harmony? What is the unity, or singular purpose, that joins Moshe and Aaron?

What variety does each bring to that unified purpose?

***SHEMOT RABBAH* 5:10**

"And he kissed him." [The brothers kissed when they met.] This means: Each rejoiced at the other's greatness.

Is this a surprising statement about Moshe and Aaron? Why or why not?

How does this text reveal an important aspect of *shlom bayit* (family harmony)?

How is this text echoed in the article?

4. To conclude the lesson, invite students to make a personal list of three things that they can do to increase the harmony in their homes. Remind them that their ideas must include recognizing every family member's unique contribution to family life.