

SCOPE & SEQUENCE

CHAPTER	KEY PRAYER VOCABULARY	STRUCTURES	RELATED TEXTS AND TRADITIONS	CONCEPTS	VALUES
Chapter 1 בְּרָכוּ	Prayer Words: בְּרָכוּ יי הַמְבָרֵךְ בְּרוּךְ לְעוֹלָם וָעֶד Related Words: בְּרָכָה, בְּרָכוֹת	Root: (bless, praise) בֵּרַךְ	“Praised be Adonai, the God of Israel...” (I Kings 8:15)	We recite בְּרָכוּ to praise God and announce to the community that the prayer service is beginning.	When we recite בְּרָכוּ, said in the presence of a מִנְיָן, we become a prayer community.
Chapter 2 יוֹצֵר אוֹר / מַעֲרִיב עֶרְבִים	Prayer Words: מֶלֶךְ אוֹר וּבוֹרֵא חֹשֶׁךְ יְדִיף הַמְאֹרוֹת מַעֲרִיב עֶרְבִים הַפּוֹכְבִים וְלֵילָה חַי מֶלֶךְ Related Words: עֶרֶב טוֹב בִּקְרָט טוֹב	Root: (light) אוֹר (evening, mixed) עֶרֶב	“God said, ‘Let there be light’...” (Genesis 1:3-5)	We praise God for the wonder of creation and its renewal each day. יוֹצֵר אוֹר is recited in the prayer service each morning, and מַעֲרִיב עֶרְבִים each evening.	Performing acts of loving-kindness, גְּמִילוּת חֶסֶדִים, and contributing to שְׁלוֹם in the community add light to the world.
Chapter 3 שָׁמַע בְּרוּךְ שֵׁם כְּבוֹד	Prayer Words: שָׁמַע יִשְׂרָאֵל אֱלֹהֵינוּ אֶחָד Related Words: בְּנֵי יִשְׂרָאֵל	Root: (king, ruler) מַלְכָּה	According to a midrash, when Jacob was dying, he quietly said בְּרוּךְ שֵׁם כְּבוֹד שָׁמַע in response to the שָׁמַע. In many congregations, we—like Jacob—recite בְּרוּךְ שֵׁם in a soft voice.	The שָׁמַע declares our belief in One God. It is our pledge of loyalty to God. We are a witness that God is One. We try to say the שָׁמַע with כּוֹנֵה, deep concentration.	כָּל יִשְׂרָאֵל includes every Jew on earth. As part of כָּל יִשְׂרָאֵל we are taught to respect one another and to work together to make a better world.

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Chapter 4	<p>Prayer Words:</p> <p>וְאֶהְבֶּתָּ לְבָבְךָ וְאֶהְבֶּתָּ מְזוֹת בֵּיתְךָ</p> <p>Related Words:</p> <p>מִצְוָה, מִצְוֹת</p>	<p>Root:</p> <p>(love)</p> <p>אהב</p> <p>Suffix:</p> <p>ך</p>	<p>“...Let me hear your voice...” (Song of Songs 2:14)</p> <p>The מְזוֹת that we affix to our doorposts contains the words of the שְׁמַע and וְאֶהְבֶּתָּ.</p>	<p>We show our love for God by following God’s commandments.</p>	<p>תְּלִמּוּד תּוֹרָה, Jewish learning, is equal to all the other mitzvot.</p> <p>Jewish tradition encourages us to study with other Jews.</p>
Chapter 5	<p>Prayer Words:</p> <p>מִי כְמוֹכָה בְּאֵלִים בְּקֹדֶשׁ תְּהִלַּת פְּלֵא</p> <p>Related Words:</p> <p>נִפְלְא</p>	<p>Root:</p> <p>(holy)</p> <p>קדש</p>	<p>Two verses of the מִי כְמוֹכָה are taken from Exodus 15.</p> <p>The first letter of the first four words of the מִי כְמוֹכָה spell מִכְּבִי.</p>	<p>We praise God and express gratitude for our freedom.</p>	<p>Just as we were freed from slavery, we must help free others.</p> <p>We can work with our community to perform the mitzvah of פְּדִיּוֹן שְׁבוּיִים, redeeming captives.</p>
Chapter 6	<p>Prayer Words:</p> <p>אָבוֹת אֲבוֹתֵינוּ אֱלֹהֵי אַבְרָהָם יִצְחָק יַעֲקֹב אֲמֹתֵינוּ אֲמֹהוֹת רְבֵקָה שָׂרָה רְחֵל לֵאָה הַגְּדוֹל הַגְּבוּר וְהַנּוֹרָא עֲלִיּוֹן חֲסִדִים טוֹבִים עוֹזֵר וּמוֹשִׁיעַ וּמְגַן</p> <p>Related Words:</p> <p>אֵל</p>		<p>The עֲמִידָה is also called the שְׁמוֹנֵה עֶשְׂרֵה and הַתְּפִלָּה.</p> <p>Congregations traditionally face east when reciting the עֲמִידָה.</p> <p>There are specific motions we perform as we recite the עֲמִידָה.</p>	<p>We ask God to watch over us, protect us, and bless us, just as God took care of our patriarchs and matriarchs.</p>	<p>The tradition of זְכוֹת אָבוֹת וְאֲמֹהוֹת (the merit of our ancestors), which teaches that we receive God’s protection and love because of our ancestors’ goodness, reminds us to perform acts of goodness.</p> <p>To act in God-like ways, we perform acts of loving-kindness, חֲסִדִים טוֹבִים.</p>

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Chapter 7 גְּבוּרוֹת מִי שְׁפָרַךְ	Prayer Words: גְּבוּר חַיִּים בְּחֶסֶד בְּרַחֲמִים מְחִיָּה בְּעַל גְּבוּרוֹת	Root: (life) חִיָּה (healing) רָפָא (compassion, mercy) רַחֲמַ	Many Reform and Reconstructionist prayer books use the phrase “gives life to everything.” Conservative and Orthodox use “revives the dead.” <i>Mishkan T’filah</i> gives the option of either phrase.	We celebrate God’s power in nature and praise God’s kindness, compassion, and power to give life and to free captives.	Jewish tradition teaches that God heals the sick. We can follow in God’s ways by performing the mitzvah of בְּקִיָּר חוֹלִים, visiting the sick.
Chapter 8 קְדוּשָׁה	Prayer Words: נִקְדָּשׁ שְׁמָה כְּפָתוֹב נְבִיאָה כְּבוֹדוֹ צִיּוֹן לְדוֹר וָדוֹר גְּדֻלָּהּ	Root: (holiness) קִדְּשׁ (rule) מָלַךְ שָׁמַי, שְׁמָה, שְׁמָה, שְׁמָה, שְׁמוֹ, שְׁמוֹ are all built on the word שָׁם.	Three verses in the קְדוּשָׁה come from different parts of the תְּנַ”ךְ: Isaiah, Ezekiel, and Psalms. As we say, קְדוּשׁ, קְדוּשׁ, קְדוּשׁ we rise on our toes three times.	We declare that God is holy and we praise God’s glory and greatness.	Jewish tradition teaches the importance of a good name, נֵשִׁים טוֹב —being honest, kind, and productive.
Chapter 9 בְּרַכַּת שְׁלוֹם • שְׁלוֹם רָב • שִׁים שְׁלוֹם • עֲשֵׂה שְׁלוֹם	Prayer Words: רָב עֲמָה בְּעֵינֶיךָ לְבָרַךְ בְּשִׁלּוֹמָה הַמְּבָרַךְ שִׁים חֶסֶד וְרַחֲמִים בְּלָנוּ כְּאֶחָד פָּנֶיךָ תוֹרַת חַיִּים וְאֶהְבֵּת חֶסֶד עֲשֵׂה יַעֲשֵׂה עָלֵינוּ וְעַל כָּל וְאִמְרוּ אֱמֵן Related Words: שְׁלוֹם בֵּית	Root: שלם (peace, completeness) שימ (put) נתן (give) עלה (go up) בְּרַךְ-בְּרוּךְ (knee) are in the same word family.	“Turn aside from the bad and do good; seek peace and pursue it.” (Psalm 34:15)	We ask God to grant peace to our people and to the whole world.	Jewish tradition teaches that nothing is more important than שְׁלוֹם.